

County Training

The purpose of County training is to provide training for the best players in the county to represent the County at the Inter County Cup Competition(s).

It also provides an additional opportunity for then best players in each age group to attend an additional training session each week as part of their individual training plan.

It also seen as part of the LTA Player Pathway.

Numbers in training squads will depend on the number of courts available.

Players will be invited to join a county training squad based on their WTN, age group ranking/current form, and number of events played.

For the 18U age groups older players may be invited before younger players rated above them if that older player has previously performed well when representing the county in the past.

A 14-18, squad will be available to players that are too old to play in the 14U age group but not yet ready to join the 18U County training squad

<u>County Coaching</u>

County coaching will be organised as Area Development Hubs which will cater to those players that would benefit from extra coaching sessions over and above the club/school pragrammes.

Each hub will design and implement it's own programme to meet the needs of the players in it's locale.

Invitations to these squads will be via Open Days, Recommendations from coaches or performance in competitions.

Players attending these squads **may** be invited to compete in relevant county teams.

October 2024